

3/12 - Methodist Mansfield Medical Center Fitness Challenge Team Chosen as Fort Worth Health Care Heroes



Methodist Mansfield Medical Center's Lisa Smith, Ketan Trivedi, Randall Canedy and Principals' Fitness Challenge Team Chosen as Fort Worth Health Care Heroes Lisa Smith, Methodist Mansfield Medical Center's Radiology Department director; Ketan Trivedi, MD, an independently practicing physician and ED medical director on the Methodist Mansfield medical staff; Methodist Mansfield's Community Advisory Board Chairman Randall Canedy; and the Principals' Fitness Challenge Team including Angel Biasatti, Tammy Beaumont and Terry Morawski; were all recently chosen as Fort Worth Business Press Health Care Heroes. They were among 22 health care professionals in Tarrant County chosen for their excellence in the medical community, quality of service, and demonstration of exceptional commitment to the health and well-being of local residents.

"These health care professionals are the best of the best," says Nick S. Karanges, publisher of the Fort Worth Business Press. "They are the kind of people who, if you run into a problem, you hope are working on your behalf ? be it in health care research or in patient care. This year's group of Health Care Heroes is an outstanding example of how the health care industry can make this world a better place and we at the Fort Worth Business Press are proud to give recognition where it is due."

Smith has spent a lifetime helping create health and healing through her efforts to educate women about breast cancer. As a breast cancer survivor, she is currently writing a book to share her experiences and advice with others. As director of

radiology at Methodist Mansfield, she was instrumental in ensuring all modalities are accredited by the American College of Radiology, and led the team to ensure the hospital was designated a certified quality breast imaging center of excellence by the American College of Radiology, one of only three in Tarrant County. Smith also guides patients through psychological, emotional and financial challenges as the medical team prepares personalized assessment, treatment recommendations and clinical evaluations. She meets individually with patients and caregivers and offers free education, referrals and support services.

Dr. Trivedi is a leader in the field of emergency medicine and trauma care. He is the medical director of the emergency department and was instrumental in providing guidance and vision for the health care needs of the area and helped create the process to reduce the time to treat patients for heart attacks from a national standard of 90 minutes or less to less than 60 minutes. His commitment to continuous quality improvement has resulted in the Society of Chest Pain Centers designating the hospital as an accredited Cycle III Chest Pain Center with Percutaneous Coronary Intervention, the highest level of achievement.

Canedy, president of Frost Bank in Mansfield, worked tirelessly to build community relations between Mansfield and Methodist Health System and to bring the Methodist Mansfield hospital to his community. He was instrumental in reviewing the strategic plan for the hospital, still serves as the first and only chairman of the community advisory board, and helped build a team of local leaders to offer recommendations, guidance and vision for the health care needs of the area and for the hospital. He also helped lead a capital campaign to raise funds to expand labor and delivery services.

The Principals' Fitness Challenge team helped create healthy lifestyles among area principals, teachers, students and parents through a partnership with the Mansfield Independent School District. The team offered free pedometers to every staff member in the school district and sponsored a 12-week fitness challenge contest that promoted the importance of health and fitness. The team provided weekly health and nutrition advice and created a wellness website offering helpful information and tools to help participants stay on track, including fitness for busy people on the go, wellness advice, weight loss information, and dietary guidelines. Throughout the 12-week challenge more than 1,310 participants from 40 Mansfield ISD schools took steps to eat right, get fit, and embrace a healthier lifestyle.

"All the award winners are known for their leadership, clinical excellence, and compassion for leading staff and serving others," says Methodist Mansfield President John Phillips. "They are dedicated to our community and are well

deserving of this honor."